

Night Hikes

Location: Rotary Nature Center **Ages:** All ages and families

Days	Dates	Time	Fee	Session #
Fri	5/30	8:30-10:00P	FREE	540301-09
Fri	6/27	8:30-10:00P	FREE	540301-10
Fri	7/25	8:30-10:00P	FREE	540301-11
Fri	8/22	8:00-9:30P	FREE	540301-12

Join us for Night Hikes! Learn more about nocturnal animals, astronomy, moon lore, night senses, and enjoy a guided nature walk at night! Programs will be followed by a campfire and dessert.

Meet at the Rotary Nature Center at the Wintergarden/St. John's Nature Preserve. This is a free program, however registration is required! Please note the start times change by the month to correlate with sunset times. Indoor activities will be substituted for a hike if the weather prevents outside activities. Please notify us if your plans change and you are unable to attend the program.

Wintergarden/St. John's Nature Preserve Field Observation Challenge

Sponsored by Bostdorff's Greenhouse

Get to know your Nature Preserve with the **ULTIMATE SCAVENGER HUNT!**

This challenge is for the daring, the dedicated and the curious. Achieve the challenge and you will receive a specially designed T-shirt!

This activity is designed for individuals or small teams (couples or families) to learn about the plants and animals that call Wintergarden/St. John's Nature Preserve their home. It is also designed to encourage you to visit the preserve several times throughout spring, summer and fall in order to find a minimum number of plants and animals to score enough points to earn your T-shirt. Stop by the Nature Center to register today! Registration deadline is Thursday, May 15. For questions call the Nature Center at 419-353-0301.

Program Requests

Year round nature programs are available upon request at your convenience for any school or community group. Programs are designed to meet your needs for volunteer hours, naturalist and forestry scout badges, and to supplement your curriculum. Contact the naturalists directly to set up a program today! Call the Rotary Nature Center at the Wintergarden/St. John's Nature Preserve at 419-353-0301. We look forward to serving you!

Discovery Kits

Stop by the Rotary Nature Center, Mondays through Fridays, 8 AM to 5 PM to pick up a Discovery Kit to take with you on your family hike. The kit contains children's binoculars, field guides, insect nets and exploration guidelines for "treading lightly."



Youth Programs

NYSCA Coaches Training

The Bowling Green Parks and Recreation Department is a certified chapter of the National Youth Sports Coaches Association (NYSCA) and offers training clinics for youth sport coaches in various sports. Coaches are instructed in the areas of the psychology of coaching youth sports, maximizing athletic performance, first aid and safety, how to organize a fun and interesting practice, and tips on teaching sports techniques.

Successful completion of this training and the payment of the annual fee (covered by the department for our league coaches) entitles the coach to regular information from the NYSCA and \$1,000,000 in excess liability insurance coverage. For more information on these clinics contact Kristin Otley at (419) 354-6225.



Parents Association For Youth Sports (PAYS)

The Parents Association for Youth Sports (PAYS) is a membership association of the National Alliance for Youth Sports. The purpose of PAYS is to educate and motivate youth league parents to create the ultimate youth sports environment aimed at making the child's experience safe, positive and meaningful. PAYS encourages good sportsmanship, positive participation and keeping youth sports in its proper perspective among PAYS members. The PAYS approach is a combination of education; motivation and positive reinforcement that are essential to making the child's experience a positive one to remember.

These clinics last only about a half hour and will be held at the beginning of each of our youth sport seasons, as well as throughout the year. The Bowling Green Exchange Club is sponsoring this program so there will be no fee to the parents that go through this important training. Individual sessions can also be scheduled throughout the year around your busy schedule. For questions or more information call the office at 419-354-6223.



Start Smart Golf

Location: City Park-Veteran's South Building
Age Range: 5-7

Days	Dates	Time	Fee	Session #
Mon	6/2-7/14	6:30-7:30P	\$45	510608-04

Parent Child Participation program for young children, ages 5-7, who have never played golf. The program uses the SNAG Coaching System, a unique patented system that moves parent-child groups through four stations during one-hour sessions. Please remember that in this program the parent is the primary instructor.

Registration Deadline: 5/26



Regular physical activity is one of the very best methods of health insurance for individuals.

Start Smart Football

Location: City Park-Veteran's South Building Ages: 5-7

Days	Dates	Time	Fee	Session #
Sat	7/19-8/23	9:00-10:00A	\$45	510608-05

Parent-Child participation program for children ages 5-7. It prepares children for organized football in a FUN, non-threatening environment and allows children the opportunity to work one-on-one with a parent. This program teaches children a variety of football skills including: throwing, catching, kicking/punting, and running/agility. Please note that the parent is the primary instructor in this program.

Registration Deadline: 7/11



Start Smart Soccer

Location: City Park-Veteran's South Building Age Range: 3-5

Days	Dates	Time	Fee	Session #
Wed	8/6-9/10	6:30-7:30P	\$45	510608-06

Prepares children for organized soccer in a fun, non-threatening environment using fun, safe, and developmentally appropriate equipment. Parents and children work one-on-one during this six week class. Parents will provide all instruction and skill development for their child, a facilitator will be on hand.

Registration Deadline: 7/30



Start Smart Basketball

Location: City Park-Veteran's South Building Age Range: 3-5

Days	Dates	Time	Fee	Session #
Wed	9/17-10/22	6:30-7:30P	\$45	510608-07

Developmentally appropriate introductory program for children three to five years old that prepares them for organized basketball in a fun, non-threatening environment. This program prepares children and their parents for organized basketball programs without the threat of competition or the fear of getting hurt. Please remember that in this program the parent is the primary instructor.

Registration Deadline: 9/10



Hershey's National Track & Field

Youth Program

Location: Bowling Green High School Track Age Range: 9-14

Days	Dates	Time	Fee
Sat	6/7	Begins at 9:00A	FREE

The Bowling Green Parks and Recreation Department along with the Bowling Green Jaycees will be sponsoring the local qualifier of Hershey's National Track and Field Youth Program on Saturday, June 7 at 9 am at the Bowling Green High School track. Any boy or girl who is 9 to 14 years of age is welcome to compete. Events will include the 50 meter dash, 100 meter dash, 200 meter dash, 400 meter dash, 400 meter relay, 800 meter run, 1600 meter run, standing long jump and the softball throw. Participants are



limited to three events with no more than two running events. There is no entrance fee to compete in this program but ADVANCE REGISTRATION IS REQUIRED. Registration forms will be sent out through the schools in May or can be obtained at the Community Center front desk.

3rd Annual Andy Open

Location: Bowling Green Country Club

Age Range: 6-18



Days	Dates	Time	Fee	Session #
Wed	8/6	8:00A-5:00P	\$8	530456-03

Sponsored by the BG Parks and Recreation Foundation and the Bowling Green Country Club. The Andy Open is a youth golf tournament for ages 6-18. There will be different divisions for boys, girls and age, as well as a skills contest and tournament. Prizes and trophies will be handed out, and lunch is included.

Registration Deadline: 8/1

Youth Softball

Location: City Park- Eli Joyce Field

Days	Dates	Time	Fee	Session #	Ages
Mon & Wed	Begins 6/9	6-9:00P	\$40	110423-01	6-8 Tee Ball

Days	Dates	Time	Fee	Session #	Ages
Tues & Thu	Begins 6/10	6-9:00P	\$40	110423-02	8-11 Soft Pitch

Non - Competitive youth softball program. Each participant will receive a cap and t-shirt. Leagues will include, 6-8 Coed T-ball & 8-11 Coed Soft-pitch. Participants registering after 4/25/08 must pay \$45. Teams begin practice in May with games beginning in early June. **Registration Deadline:** 4/25

American Red Cross Babysitter Training

Location: Community Center Age Range: 11-15

Days	Dates	Time	Fee	Session #	Deadline
Thu & Fri	6/5-6/6	1:00-4:00P	\$30	530549-07	5/29
Thu & Fri	8/14-8/15	1:00-4:00P	\$30	530549-08	8/7

This course offered by the American Red Cross for youth ages 11 through 15 covers the skills necessary for the job of babysitting. Skills covered will include: growth and development of children, play and appropriate toys, problem solving, feeding, dressing and diapering an infant, safety precautions, rescue breathing, and first aid skills for infants and children. The course fee includes all books and materials. Students must attend both days and might want to bring a snack! Taught by Cinda Stutzman.

Pint Size Prom

Location: Veteran's Building in City Park Ages: 5 & under

Days	Dates	Time	Fee	Session #
Sat	5/3	4:00-5:15P	\$15 per pair \$5 additional child	540500-05

This is an event for those five and under and their parent/guardian; a prom for the little ones. Put on your best outfit and head over to City Park for dancing, snacks, kids' interactive music and stroller valet parking. You will receive a souvenir photo and frame, and the kids will get a goody bag to take home.

Registration Deadline: 4/28

Investments in recreation yield big economic returns.