

WILL LOSE WEIGHT FOR MONEY WEEK 6

Tracking #	Starting Weight	Last weeks weight	Current weight	Lost	% Lost	Tracking #
2	175	175	168.5	-6.5	3.7%	2
3	253	244	242	-2	4.3%	3
4	236.5	227.5	228	0.5	3.6%	4
5	173.5	171	170.25	-0.75	1.9%	5
6	239.5	227.75				6
7	160.25	158	159	1	0.8%	7
8	228.25	226.25	230	3.75	-0.8%	8
9	223.25	225				9
10	308.5					10
11	251	253.25	256.5	3.25	-2.2%	11
12	223.5	214.5	210.75	-3.75	5.7%	12
13	222	217.5	219	1.5	1.4%	13
14	262	247	244	-3	6.9%	14
15	189	181.5	181	-0.5	4.2%	15
16	252.75	250				16
17	234.5	221.5	219.5	-2	6.4%	17
18	317	313				18
19	149.5		148	148	1.0%	19
20	209	201.5	201	-0.5	3.8%	20
21	168.25	165.5				21
22	193	194.5				22
23	230	226				23
24	166	163.5	160	-3.5	3.6%	24
26	178		177	177	0.6%	26
27	225.5					27
28	183	177.5				28
29	277	270.8				29
30	209.5		205	205	2.1%	30
31	197		196.5	196.5	0.3%	31
32	267	256	258.5	2.5	3.2%	32
33	164.75					33
34	164	160.75	160	-0.75	2.4%	34
35	338	340	339.5	-0.5	-0.4%	35
36	146	146				36
37	273.5	273.5	274	0.5	-0.2%	37
38						38
39						39
40						40
41						41
42						42
43						43

As of 11-3-08

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