

5 Week Fall Classes

Instructor	Class	Dates	Time	Price
Suzanna Tyrrell	Yoga Combo	Mondays: 9/8-10/6	5:30-6:30 PM**	\$50 PH/\$60 NPH
Suzanna Tyrrell	Yoga Level 2	Mondays: 9/8-10/6	6:45-7:45 PM**	\$50 PH/\$60 NPH
Megan Bell	Yoga Level 1	Mondays: 9/8-10/6	8:30-9:30 PM**	\$50 PH/\$60 NPH
John Bernard	Tai Chi Level 1	Tuesdays: 9/9-10/7	7:00-8:00 PM*	\$50 PH/\$60 NPH
Carissa Coit	Cardio with Carissa	Tuesdays: 9/9-10/7	5:30-6:30 PM	\$25 PH/\$35 NPH
Molly Bauman	Total Body Toning	Wednesdays: 9/10-10/7	7:15-8:15 PM	\$25 PH/\$35 NPH
Ann Marie Searle	Zumba***	Fridays: 10/3-10/10	5:30-6:30 PM	\$10 PH/\$14 NPH

** Simpson Building
(1291 Conneaut Ave-
nue)

*Classroom A/B

*** 2 Weeks