

***Couch Potato 2008***  
***5K Female Run/Walk Results***

<i>Name</i>	<i>City/State</i>	<i>M/ F</i>	<i>Age</i>	<i>Popsicle #</i>	<i>Time</i>
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***Champion Female***

Kristin Tillison Rudolph, Ohio F 28 0:20:10.13

***Champion Master Female***

Lisa Belson Middleton, Delaware F 40 0:22:00.56

***2008 Couch Potato 5K***  
***Results***

<i>Name</i>	<i>City/State</i>	<i>M/ F</i>	<i>Age</i>	<i>Popsicle #</i>	<i>Time</i>
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Kristin	Tillison	Rudolph, Ohio	F	28	12	0:20:10.13
Sophia	Afridi	Perrysburg, Ohio	F	24	15	0:20:22.63
Tiffany	Dixon	Bowling Green, Ohio	F	27	19	0:20:29.56
Holly	Williams	Oregon, Ohio	F	37	24	0:21:23.64
Lisa	Belson	Middleton, Delaware	F	40	30	0:22:00.56
Joan	Mathews	Maumee, Ohio	F	51	32	0:22:03.57
Kelly	Jewell	Toledo, Ohio	F	48	34	0:22:07.18
Janell	Toth	Holland, Ohio	F	32	40	0:22:17.77
Bethany	Kolodziejczyk	Fremont, Ohio	F	29	41	0:22:19.36
Kim	Monnier	Bowling Green, Ohio	F	22	51	0:23:01.94
Jeanne	Titus	Bowling Green, Ohio	F	48	58	0:23:31.87
Linda	Westrin	Perrysburg, Ohio	F	32	60	0:23:42.00
Allison	Sproul	Bowling Green, Ohio	F	24	63	0:23:49.34
Jodi	Schantz	Sylvania, Ohio	F	32	68	0:24:08.02
Kelli	Pollick	Tontogany, Ohio	F	25	70	0:24:13.01
Allie	Smith	Haskins, Ohio	F	22	71	0:24:14.33
Janelle	Uckele	Monroe, Michigan	F	24	73	0:24:21.20
Heather	Crawford	Haskins, Ohio	F	29	76	0:24:31.53
Allison	Ridley	Port Clinton, Ohio	F	20	77	0:24:33.54
Kay	Heinrichs	Toledo, Ohio	F	61	79	0:24:37.55
Dianna	Ashton	Luckey, Ohio	F	41	80	0:24:38.66
Viola	Ordaz	Holgate, Ohio	F	49	83	0:24:46.31
Yvette	Anez	Fostoria, Ohio	F	44	86	0:24:51.63
Karla	Geyman	Bowling Green, Ohio	F	34	87	0:24:54.50
Jennifer	Markham	Bowling Green, Ohio	F	24	88	0:24:55.17
Lisa	Hoffman	Helena, Ohio	F	31	90	0:25:15.42
Nina	Assimakopoulos	Bowling Green, Ohio	F	39	95	0:25:24.64
Susan	Moser	Bowling Green, Ohio	F	41	96	0:25:25.56
Denise	Dashner	Temperance, Michigan	F	38	99	0:25:34.51
Theresa	Lagger	Northwood, Ohio	F	43	105	0:25:46.75
Racheal	Costanzi	Bowling Green, Ohio	F	20	110	0:25:58.60
Heidi	Lyons	Bowling Green, Ohio	F	27	114	0:26:17.96

Jill	Foos	Bowling Green, Ohio	F	29	116	0:26:23.99
Carissa	Coit	Bowling Green, Ohio	F	24	117	0:26:24.47
Kristen	Bischoff	Bowling Green, Ohio	F	24	118	0:26:32.71
Maggie	Highhouse	Bowling Green, Ohio	F	31	123	0:27:00.20
Lynne	Koerner	Bowling Green, Ohio	F	21	127	0:27:06.35
Lynne	Forsythe	Toledo, Ohio	F	44	130	0:27:27.03
Morgan	Cukierski	Toledo, Ohio	F	11	131	0:27:29.93
Sallie	Gardner	Bowling Green, Ohio	F	45	132	0:27:32.17
Bev	Wolcott	Toledo, Ohio	F	59	133	0:27:34.23
Erin	Foos	Kansas, Ohio	F	28	134	0:27:34.79
Kylie	Harris	Maumee, Ohio	F	24	137	0:27:42.97
Maria	Kramer	Clyde, Ohio	F	32	138	0:27:43.98
Annette	Wicks	Maumee, Ohio	F	61	139	0:27:46.79
Sharon	Rodriguez	Adrian, Michigan	F	49	141	0:27:47.89
Dottie	Rapp	Pemberville, Ohio	F	39	145	0:28:01.44
Carol	Savage	Maumee, Ohio	F	38	149	0:28:26.77
Erin	Anderson	Holland, Ohio	F	39	150	0:28:28.83
Janice	Naveken	Toledo, Ohio	F	41	152	0:28:42.89
Nicole	Knight	Toledo, Ohio	F	30	153	0:28:44.20
Unknown		Unknown			155	0:28:52.12
Unknown		Unknown			156	0:28:52.40
Andrea	Depinet	Bowling Green, Ohio	F	35	158	0:28:55.97
Megan	Miazgowicz	Lambertvill, Michigan	F	12	160	0:29:19.31
Brigette	Close	Erie, Michigan	F	12	161	0:29:19.72
Kristen	Lucarelli	Columbus, Ohio	F	27	164	0:29:26.52
Kelly	Hemminger	Woodville, Ohio	F	28	167	0:29:28.88
Deb	Hellman	Fremont, Ohio	F	34	169	0:29:50.93
Leigh	Keylock	Bowling Green, Ohio	F	31	170	0:29:52.31
Rebecca	Comston	Bowling Green, Ohio	F	20	171	0:29:53.12
Jana	Robison	Bowling Green, Ohio	F	22	172	0:29:53.48
Louise	Miklovic	Maumee, Ohio	F	70	174	0:30:06.20
Shelly	Schiltz	Findlay, Ohio	F	32	175	0:30:10.73
Susie	Edwards	Gibsonburg, Ohio	F	23	177	0:30:19.35
Tracy	Courtney	Arcadia, Ohio	F	33	178	0:30:19.76
Karen	Riddle	Bowling Green, Ohio	F	29	179	0:30:26.68
Lilly	Lin	Perrysburg, Ohio	F	31	183	0:30:36.36
Janelle	Tuttamore	Pemberville, Ohio	F	29	184	0:30:48.31
Angela	Beil	Toledo, Ohio	F	27	185	0:30:48.69
Tammy	Calhoun	Fremont, Ohio	F	39	186	0:30:50.35
Jen	Lake	Swanton, Ohio	F	35	188	0:30:57.02
Jill	Williams	Mt. Blanchard, Ohio	F	37	189	0:31:04.58
Judy	Crites	Bryan, Ohio	F	38	190	0:31:16.97
Mary	Steinhauser	La Salle, Michigan	F	63	191	0:31:18.23
Unknown		Unknown			192	0:31:21.45
Unknown		Unknown			193	0:31:27.23
Unknown		Unknown			194	0:31:28.36
Denise	Rex	Toledo, Ohio	F	54	195	0:31:31.48
Darlene	Bradbury	Sylvania, Ohio	F	40	196	0:31:35.36
Heidi M.	Rife	Oak Harbor, Ohio	F	35	200	0:31:46.32
Cindi	Baum	Bowling Green, Ohio	F	51	202	0:31:54.54

Abby	Williams	Toledo, Ohio	F	24	204	0:31:58.20
Cheryl	Cooper	Oak Harbor, Ohio	F	41	205	0:32:01.82
Erin	McKenna		F	27	206	0:32:21.27
Renee	Noftz	Bowling Green, Ohio	F	40	207	0:32:30.74
Madison	Wentz	Centerville, Ohio	F	8	209	0:32:36.66
Julie	Miazgowicz	Lamberville, Michigan	F	44	211	0:32:47.35
Laurie K.	Liebich	Perrysburg, Ohio	F	47	212	0:32:48.43
Maggie	Porter	Maumee, Ohio	F	22	213	0:32:52.59
Meredith	Porter	Bowling Green, Ohio	F	30	214	0:32:55.53
Tammy	Kuron	Bowling Green, Ohio	F	39	215	0:33:01.91
Amy	Clocksinn	Maumee, Ohio	F	40	216	0:33:02.36
Rosemary	Brown	Bowling Green, Ohio	F	77	219	0:33:16.04
Peterann						
M.	Siehl	Port Clinton, Ohio	F	57	221	0:33:29.88
Tamara	Rice	Bowling Green, Ohio	F	37	222	0:33:31.36
Nicole L.	Wentz	Centerville, Ohio	F	39	224	0:34:01.47
Shari	Farrand	Delaware, Ohio	F	30	225	0:34:07.59
Kathy	Woodward	Perrysburg, Ohio	F	60	226	0:34:21.90
Meredith						
M.	Goldberg	Toledo, Ohio	F	39	227	0:34:24.34
Jessica	Hildreth	Bowling Green, Ohio	F	27	229	0:34:32.41
Sheila A.	Wentz	Bowling Green, Ohio	F	59	230	0:34:38.48
Unknown		Unknown			231	0:35:00.26
Dodi	Hodges	Surfside Beach, SC	F	49	233	0:35:29.56
Jeny	Heckman	Pemberville, Ohio	F	49	235	0:35:54.78
Sherry	Oswald	Toledo, Ohio	F	53	236	0:35:56.46
Brooke	Powell	Columbus, Ohio	F	27	239	0:36:32.71
Stephanie	Zaleski	Unknown	F	26	240	0:36:34.57
Sara	Weasel	Deshler, Ohio	F	43	241	0:36:44.70
Anne	Haselman	Swanton, Ohio	F	25	242	0:36:58.22
Mia	Paustian	Bowling Green, Ohio	F	28	243	0:36:58.64
		Ottawa Lake,				
Lisa	Hooker	Michigan	F	37	245	0:37:35.80
Renata	Delaney	Toledo, Ohio	F	40	247	0:37:46.56
Amy L.	McGiffin	Bowling Green, Ohio	F	45	249	0:38:31.58
Unknown		Unknown			250	0:38:44.69
Unknown		Unknown			251	0:38:45.33
Unknown		Unknown			252	0:38:52.45
Angela	Benner	Oak Harbor, Ohio	F	26	253	0:39:31.73
Unknown		Unknown			254	0:39:43.66
Jane	Zbinden	Toledo, Ohio	F	65	257	0:41:54.51
Tammy	Metevia	Midland, Michigan	F	44	259	0:42:34.93
Jennifer	Ulrich	Findlay, Ohio	F	34	260	0:42:35.88
Christy	Atchison	Findlay, Ohio	F	33	261	0:42:36.51
Elizabeth	Wittibschlager	Galion, Ohio	F	20	262	0:42:41.96
Jennifer	Ruck	Toledo, Ohio	F	21	263	0:42:42.35
Sherry	McDonald	Bowling Green, Ohio	F	43	264	0:42:44.29
Maria	Manalang	Rochester, New York	F	49	266	0:42:53.20
Paula	Stienker	Bowling Green, Ohio	F	58	267	0:42:57.54
Sandy	Bateson	Rudolph, Ohio	F	23	268	0:43:08.86
Cheryl	Malaspina	Waterville, Ohio	F	56	269	0:43:28.34

Christol	Kratzer	Bowling Green, Ohio	F	26	270	0:43:28.81
Carol	Bateson	Rudolph, Ohio	F	52	271	0:43:43.22
Lori	Simmans	Weston, Ohio	F	46	272	0:43:43.76
Pat	Scholl	Bowling Green, Ohio	F	45	273	0:43:56.59
Miranda	Rieger	Toledo, OH	F	15	274	0:44:02.72
Sara	Smith	North Baltimore, Ohio	F	53	276	0:44:40.42
Mary	Dennis	Bowling Green, Ohio	F	48	277	0:44:57.51
Helen M.	Spencer	Bowling Green, Ohio	F	83	278	0:45:20.94
Elizabeth	Wick	Bowling Green, Ohio	F	43	280	0:45:52.99
Patricia	Tebbe	Toledo, Ohio	F	55	281	0:45:55.80
Rahel	Babb	Portage, Ohio	F	36	282	0:46:09.85
Sheryl	Hardwick	Bowling Green, Ohio	F	58	283	0:46:12.50
Wendy A.	Halliwill	Risingsun, Ohio	F	32	284	0:46:36.25
Jean	Beck	Bowling Green, Ohio	F	55	285	0:46:37.02
Kay	Smith	Haskins, Ohio	F	45	286	0:46:44.44
Autumn	Smith	Walbridge, Ohio	F	27	287	0:46:59.85
Deidre	Meyer	Walbridge, Ohio	F	28	288	0:47:00.37
Ann	Stott	Bowling Green, Ohio	F	44	290	0:47:52.76
Rita	Periatt	Millbury, Ohio	F	58	292	0:48:17.52
Linda	Moorhead	Findlay, Ohio	F	58	294	0:48:20.53
Unknown		Unknown			295	0:48:46.18
Unknown		Unknown			296	0:49:06.55
Unknown		Unknown			297	0:49:07.07
Joanie	Manning	Bowling Green, Ohio	F	45	298	0:49:47.07
Jacki	Pollick	Bowling Green, Ohio	F	55	301	0:51:16.41
Sally	Dunn	Toledo, Ohio	F	67	302	0:51:16.90
Emily	Carpenter	Bowling Green, Ohio	F	27	303	0:51:17.23
Cindy	Adcock	Bowling Green, Ohio	F	56	304	0:51:31.06
Karen	Campbell	Bowling Green, Ohio	F	30	306	0:52:21.02
Rachel	Tasler	Whitehouse, Ohio	F	13	309	0:52:47.31
Samantha	Tasler	Whitehouse, Ohio	F	11	310	0:52:48.00
Jodi	Deck	Bowling Green, Ohio	F	40	311	0:53:20.14
Arline	Bucksky	Weston, Ohio	F	65	312	0:53:53.72
Elizabeth	Skryzmoski	Erie, Michigan	F	11	313	0:54:11.90
Amanda	Skryzmoski	Erie, Michigan	F	14	315	0:54:46.04
Fiona	Skryzmoski	Erie, Michigan	F	40	317	0:54:48.50
Unknown		Unknown			318	0:55:58.40
Michelle	Sharp	Toledo, Ohio	F	27	319	0:55:58.79
Unknown		Unknown			320	0:56:10.11
Unknown		Unknown			321	0:56:10.62
Lisa	Rothfleisch	Bowling Green, Ohio	F	35	322	0:56:11.76
Unknown		Unknown			323	0:56:12.15
Unknown		Unknown			325	0:56:55.00
Unknown		Unknown			326	0:56:58.39
Callie J.	Croyle	Bowling Green, Ohio	F	27	328	0:58:05.87
Amy	DiMaggio	Buffalo, New York	F	26	329	0:59:03.46
Katherine	McCreary	Bowling Green, Ohio	F	24	330	0:59:36.93
Peggy	McCreary	Norwalk, Ohio	F	54	331	0:59:40.11
Patti	Frizado	Bowling Green, Ohio	F	54	332	1:02:52.71
Melissa	Frizado	Bowling Green, Ohio	F	29	333	1:02:55.40

Unknown		Unknown			334	1:04:10.47
Sue	Coyle	Maumee, Ohio	F	52	335	1:06:10.02
Ruth	Creps	Bowling Green, Ohio	F	46	336	1:06:13.17
Kathy	Digby	Bowling Green, Ohio	F	43	337	1:06:23.96
Karen	Grimm	Bowling Green, Ohio	F	53	338	1:06:24.48
Karen Sue	Graff	Maumee, Ohio	F	49	339	1:08:22.80
Nadine	Tasler	Whitehouse, Ohio	F	46	340	1:08:24.90
Marsha	Beck	Grand Rapids, Ohio	F	49	341	1:12:50.06
Carolyn	Beck	Grand Rapids, Ohio	F	27	342	1:12:56.64