

Couch Potato 2008
5K Female Run/Walk Age Group Results

		<i>Name</i>	<i>City/State</i>	<i>M/F</i>	<i>Age</i>	<i>Popsicle #</i>	<i>Time</i>
<i>Ages 9 and under</i>							
1	Madison	Wentz	Centerville, Ohio	F	8	209	0:32:36.66
<i>Ages 10 - 14</i>							
1	Morgan	Cukierski	Toledo, Ohio	F	11	131	0:27:29.93
2	Megan	Miazgowicz	Lambertville, Michigan	F	12	160	0:29:19.31
3	Brigette	Close	Erie, Michigan	F	12	161	0:29:19.72
4	Rachel	Tasler	Whitehouse, Ohio	F	13	309	0:52:47.31
5	Samantha	Tasler	Whitehouse, Ohio	F	11	310	0:52:48.00
6	Elizabeth	Skryzmoski	Erie, Michigan	F	11	313	0:54:11.90
7	Amanda	Skryzmoski	Erie, Michigan	F	14	315	0:54:46.04
<i>Ages 15 - 19</i>							
1	Miranda	Rieger	Toledo, OH	F	15	274	0:44:02.72
<i>Ages 20 - 24</i>							
1	Sophia	Afridi	Perrysburg, Ohio	F	24	15	0:20:22.63
2	Kim	Monnier	Bowling Green, Ohio	F	22	51	0:23:01.94
3	Allison	Sproul	Bowling Green, Ohio	F	24	63	0:23:49.34
4	Allie	Smith	Haskins, Ohio	F	22	71	0:24:14.33
5	Janelle	Uckele	Monroe, Michigan	F	24	73	0:24:21.20
6	Allison	Ridley	Port Clinton, Ohio	F	20	77	0:24:33.54
7	Jennifer	Markham	Bowling Green, Ohio	F	24	88	0:24:55.17
8	Racheal	Costanzl	Bowling Green, Ohio	F	20	110	0:25:58.60
9	Carissa	Coit	Bowling Green, Ohio	F	24	117	0:26:24.47
10	Kristen	Bischoff	Bowling Green, Ohio	F	24	118	0:26:32.71
11	Lynne	Koerner	Bowling Green, Ohio	F	21	127	0:27:06.35
12	Kylie	Harris	Maumee, Ohio	F	24	137	0:27:42.97
13	Rebecca	Comston	Bowling Green, Ohio	F	20	171	0:29:53.12
14	Jana	Robison	Bowling Green, Ohio	F	22	172	0:29:53.48
15	Susie	Edwards	Gibsonburg, Ohio	F	23	177	0:30:19.35
16	Abby	Williams	Toledo, Ohio	F	24	204	0:31:58.20
17	Maggie	Porter	Maumee, Ohio	F	22	213	0:32:52.59
18	Elizabeth	Wittibschlager	Galion, Ohio	F	20	262	0:42:41.96
19	Jennifer	Ruck	Toledo, Ohio	F	21	263	0:42:42.35
20	Sandy	Bateson	Rudolph, Ohio	F	23	268	0:43:08.86
21	Katherine	McCreary	Bowling Green, Ohio	F	24	330	0:59:36.93
<i>Ages 25 - 29</i>							
1	Kristin	Tillison	Rudolph, Ohio	F	28	12	0:20:10.13
2	Tiffany	Dixon	Bowling Green, Ohio	F	27	19	0:20:29.56

3	Bethany	Kolodziejczyk	Fremont, Ohio	F	29	41	0:22:19.36
4	Kelli	Pollick	Tontogany, Ohio	F	25	70	0:24:13.01
5	Heather	Crawford	Haskins, Ohio	F	29	76	0:24:31.53
6	Heidi	Lyons	Bowling Green, Ohio	F	27	114	0:26:17.96
7	Jill	Foos	Bowling Green, Ohio	F	29	116	0:26:23.99
8	Erin	Foos	Kansas, Ohio	F	28	134	0:27:34.79
9	Kristen	Lucarelli	Columbus, Ohio	F	27	164	0:29:26.52
10	Kelly	Hemminger	Woodville, Ohio	F	28	167	0:29:28.88
11	Karen	Riddle	Bowling Green, Ohio	F	29	179	0:30:26.68
12	Janelle	Tuttamore	Pemberville, Ohio	F	29	184	0:30:48.31
13	Angela	Beil	Toledo, Ohio	F	27	185	0:30:48.69
14	Erin	McKenna	Unknown	F	27	206	0:32:21.27
15	Jessica	Hildreth	Bowling Green, Ohio	F	27	229	0:34:32.41
16	Brooke	Powell	Columbus, Ohio	F	27	239	0:36:32.71
17	Stephanie	Zaleski	Unknown	F	26	240	0:36:34.57
18	Anne	Haselman	Swanton, Ohio	F	25	242	0:36:58.22
19	Mia	Paustian	Bowling Green, Ohio	F	28	243	0:36:58.64
20	Angela	Benner	Oak Harbor, Ohio	F	26	253	0:39:31.73
21	Christol	Kratzer	Bowling Green, Ohio	F	26	270	0:43:28.81
22	Autumn	Smith	Walbridge, Ohio	F	27	287	0:46:59.85
23	Deidre	Meyer	Walbridge, Ohio	F	28	288	0:47:00.37
24	Emily	Carpenter	Bowling Green, Ohio	F	27	303	0:51:17.23
25	Michelle	Sharp	Toledo, Ohio	F	27	319	0:55:58.79
26	Callie J.	Croyle	Bowling Green, Ohio	F	27	328	0:58:05.87
27	Amy	DiMaggio	Buffalo, New York	F	26	329	0:59:03.46
28	Melissa	Frizado	Bowling Green, Ohio	F	29	333	1:02:55.40
29	Carolyn	Beck	Grand Rapids, Ohio	F	27	342	1:12:56.64

Ages 30 - 34

1	Janell	Toth	Holland, Ohio	F	32	40	0:22:17.77
2	Linda	Westrin	Perrysburg, Ohio	F	32	60	0:23:42.00
3	Jodi	Schantz	Sylvania, Ohio	F	32	68	0:24:08.02
4	Karla	Geyman	Bowling Green, Ohio	F	34	87	0:24:54.50
5	Lisa	Hoffman	Helena, Ohio	F	31	90	0:25:15.42
6	Maggie	Highhouse	Bowling Green, Ohio	F	31	123	0:27:00.20
7	Maria	Kramer	Clyde, Ohio	F	32	138	0:27:43.98
8	Nicole	Knight	Toledo, Ohio	F	30	153	0:28:44.20
9	Deb	Hellman	Fremont, Ohio	F	34	169	0:29:50.93
10	Leigh	Keylock	Bowling Green, Ohio	F	31	170	0:29:52.31
11	Shelly	Schiltz	Findlay, Ohio	F	32	175	0:30:10.73
12	Tracy	Courtney	Arcadia, Ohio	F	33	178	0:30:19.76
13	Lilly	Lin	Perrysburg, Ohio	F	31	183	0:30:36.36
14	Meredith	Porter	Bowling Green, Ohio	F	30	214	0:32:55.53
15	Shari	Farrand	Delaware, Ohio	F	30	225	0:34:07.59
16	Jennifer	Ulrich	Findlay, Ohio	F	34	260	0:42:35.88
17	Christy	Atchison	Findlay, Ohio	F	33	261	0:42:36.51
18	Wendy A.	Halliwill	Risingsun, Ohio	F	32	284	0:46:36.25
19	Karen	Campbell	Bowling Green, Ohio	F	30	306	0:52:21.02

**Ages 35 -
39**

1	Holly	Williams	Oregon, Ohio	F	37	24	0:21:23.64
2	Nina	Assimakopoulos	Bowling Green, Ohio	F	39	95	0:25:24.64
3	Denise	Dashner	Temperance, Michigan	F	38	99	0:25:34.51
4	Dottie	Rapp	Pemberville, Ohio	F	39	145	0:28:01.44
5	Carol	Savage	Maumee, Ohio	F	38	149	0:28:26.77
6	Erin	Anderson	Holland, Ohio	F	39	150	0:28:28.83
7	Andrea	Depinet	Bowling Green, Ohio	F	35	158	0:28:55.97
8	Tammy	Calhoun	Fremont, Ohio	F	39	186	0:30:50.35
9	Jen	Lake	Swanton, Ohio	F	35	188	0:30:57.02
10	Jill	Williams	Mt. Blanchard, Ohio	F	37	189	0:31:04.58
11	Judy	Crites	Bryan, Ohio	F	38	190	0:31:16.97
12	Heidi M.	Rife	Oak Harbor, Ohio	F	35	200	0:31:46.32
13	Tammy	Kuron	Bowling Green, Ohio	F	39	215	0:33:01.91
14	Tamara	Rice	Bowling Green, Ohio	F	37	222	0:33:31.36
15	Nicole L.	Wentz	Centerville, Ohio	F	39	224	0:34:01.47
16	Meredith M.	Goldberg	Toledo, Ohio	F	39	227	0:34:24.34
17	Lisa	Hooker	Ottawa Lake, Michigan	F	37	245	0:37:35.80
18	Rahel	Babb	Portage, Ohio	F	36	282	0:46:09.85
19	Lisa	Rothfleisch	Bowling Green, Ohio	F	35	322	0:56:11.76

**Ages 40 -
44**

1	Lisa	Belson	Middleton, Delaware	F	40	30	0:22:00.56
2	Dianna	Ashton	Luckey, Ohio	F	41	80	0:24:38.66
3	Yvette	Anez	Fostoria, Ohio	F	44	86	0:24:51.63
4	Susan	Moser	Bowling Green, Ohio	F	41	96	0:25:25.56
5	Theresa	Iagger	Northwood, Ohio	F	43	105	0:25:46.75
6	Lynne	Forsythe	Toledo, Ohio	F	44	130	0:27:27.03
7	Janice	Naveken	Toledo, Ohio	F	41	152	0:28:42.89
8	Darlene	Bradbury	Sylvania, Ohio	F	40	196	0:31:35.36
9	Cheryl	Cooper	Oak Harbor, Ohio	F	41	205	0:32:01.82
10	Renee	Noftz	Bowling Green, Ohio	F	40	207	0:32:30.74
11	Julie	Miazgowicz	Lamberville, Michigan	F	44	211	0:32:47.35
12	Amy	Clocksinn	Maumee, Ohio	F	40	216	0:33:02.36
13	Sara	Weasel	Deshler, Ohio	F	43	241	0:36:44.70
14	Renata	Delaney	Toledo, Ohio	F	40	247	0:37:46.56
15	Tammy	Metevia	Midland, Michigan	F	44	259	0:42:34.93
16	Sherry	McDonald	Bowling Green, Ohio	F	43	264	0:42:44.29
17	Elizabeth	Wick	Bowling Green, Ohio	F	43	280	0:45:52.99
18	Ann	Stott	Bowling Green, Ohio	F	44	290	0:47:52.76
19	Jodi	Deck	Bowling Green, Ohio	F	40	311	0:53:20.14
20	Fiona	Skryzmoski	Erie, Michigan	F	40	317	0:54:48.50
21	Kathy	Digby	Bowling Green, Ohio	F	43	337	1:06:23.96

**Ages 45 -
49**

1	Kelly	Jewell	Toledo, Ohio	F	48	34	0:22:07.18
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2	Jeanne	Titus	Bowling Green, Ohio	F	48	58	0:23:31.87
3	Viola	Ordaz	Holgate, Ohio	F	49	83	0:24:46.31
4	Sallie	Gardner	Bowling Green, Ohio	F	45	132	0:27:32.17
5	Sharon	Rodriguez	Adrian, Michigan	F	49	141	0:27:47.89
6	Laurie K.	Liebich	Perrysburg, Ohio	F	47	212	0:32:48.43
7	Dodi	Hodges	Surfside Beach, SC	F	49	233	0:35:29.56
8	Jeny	Heckman	Pemberville, Ohio	F	49	235	0:35:54.78
9	Amy L.	McGiffin	Bowling Green, Ohio	F	45	249	0:38:31.58
10	Maria	Manalang	Rochester, New York	F	49	266	0:42:53.20
11	Lori	Simmans	Weston, Ohio	F	46	272	0:43:43.76
12	Pat	Scholl	Bowling Green, Ohio	F	45	273	0:43:56.59
13	Mary	Dennis	Bowling Green, Ohio	F	48	277	0:44:57.51
14	Kay	Smith	Haskins, Ohio	F	45	286	0:46:44.44
15	Joanie	Manning	Bowling Green, Ohio	F	45	298	0:49:47.07
16	Ruth	Creps	Bowling Green, Ohio	F	46	336	1:06:13.17
17	Karen Sue	Graff	Maumee, Ohio	F	49	339	1:08:22.80
18	Nadine	Tasler	Whitehouse, Ohio	F	46	340	1:08:24.90
19	Marsha	Beck	Grand Rapids, Ohio	F	49	341	1:12:50.06

Ages 50 - 54

1	Joan	Mathews	Maumee, Ohio	F	51	32	0:22:03.57
2	Denise	Rex	Toledo, Ohio	F	54	195	0:31:31.48
3	Cindi	Baum	Bowling Green, Ohio	F	51	202	0:31:54.54
4	Sherry	Oswald	Toledo, Ohio	F	53	236	0:35:56.46
5	Carol	Bateson	Rudolph, Ohio	F	52	271	0:43:43.22
6	Sara	Smith	North Baltimore, Ohio	F	53	276	0:44:40.42
7	Peggy	McCreary	Norwalk, Ohio	F	54	331	0:59:40.11
8	Patti	Frizado	Bowling Green, Ohio	F	54	332	1:02:52.71
9	Sue	Coyle	Maumee, Ohio	F	52	335	1:06:10.02
10	Karen	Grimm	Bowling Green, Ohio	F	53	338	1:06:24.48

Ages 55 - 59

1	Bev Peterann	Wolcott	Toledo, Ohio	F	59	133	0:27:34.23
2	M.	Siehl	Port Clinton, Ohio	F	57	221	0:33:29.88
3	Sheila A.	Wentz	Bowling Green, Ohio	F	59	230	0:34:38.48
4	Paula	Stienker	Bowling Green, Ohio	F	58	267	0:42:57.54
5	Cheryl	Malaspina	Waterville, Ohio	F	56	269	0:43:28.34
6	Patricia	Tebbe	Toledo, Ohio	F	55	281	0:45:55.80
7	Sheryl	Hardwick	Bowling Green, Ohio	F	58	283	0:46:12.50
8	Jean	Beck	Bowling Green, Ohio	F	55	285	0:46:37.02
9	Rita	Periatt	Millbury, Ohio	F	58	292	0:48:17.52
10	Linda	Moorhead	Findlay, Ohio	F	58	294	0:48:20.53
11	Jacki	Pollick	Bowling Green, Ohio	F	55	301	0:51:16.41
12	Cindy	Adcock	Bowling Green, Ohio	F	56	304	0:51:31.06

Ages 60 - 64

1	Kay	Heinrichs	Toledo, Ohio	F	61	79	0:24:37.55
2	Annette	Wicks	Maumee, Ohio	F	61	139	0:27:46.79
3	Mary	Steinhauser	La Salle, Michigan	F	63	191	0:31:18.23
4	Kathy	Woodward	Perrysburg, Ohio	F	60	226	0:34:21.90

*Ages 65 -
69*

1	Jane	Zbinden	Toledo, Ohio	F	65	257	0:41:54.51
2	Sally	Dunn	Toledo, Ohio	F	67	302	0:51:16.90
3	Arline	Bucksky	Weston, Ohio	F	65	312	0:53:53.72

*Ages 70 -
74*

1	Louise	Miklovic	Maumee, Ohio	F	70	174	0:30:06.20
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*Ages 75 -
79*

1	Rosemary	Brown	Bowling Green, Ohio	F	77	219	0:33:16.04
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*Ages 80 -
84*

1	Helen M.	Spencer	Bowling Green, Ohio	F	83	278	0:45:20.94
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